

Advanced Angelic Healing Procedures



Invite your client in and invite them to sit down first to talk. Make sure you collect from them on your sheet, their name, email address and telephone number. Ask them why they have come and if there is anything specific going on their lives that they wanted to let you know about. Write these things down on the healing sheet. Be friendly, patient, kind and reassuring, try not to get drawn into big long counselling type conversations at the beginning, people as soon as they enter your space will start releasing and the best way to help them do that is to get them into the healing energies. You will probably find that what was a big issue for someone at the beginning of the healing becomes a minor irritation by the end as they will have shifted into their heart space.

When you are ready to start. Have your client sit or lie comfortably and ask them to close their eyes, tell them to just relax and close their eyes, and that they will not hear you speaking again until you have finished the healing. Tell them if they feel they are going to sleep that that is fine.

We will look in detail at each of the procedures you will run in your Advanced Angelic Healing, the first and one of the most important procedures is the white light procedure.

This procedure can be used as a stand-alone process to instantly lift any space you may be working in, you can in this instance see yourself doing it in your mind's eye if there are other people around. It is also really great to use if you have been in a busy place and you want to clear other people's energy from yourself.

White Light Connection.

Point your hands towards the floor and imagine a bright white light coming up from the crystal grid of the earth, lift this light up from the earth through the room, through your body and your clients, lift it up towards the ceiling and see it spreading up and out towards the stars. You are creating a white light of clearing for the room and the both of you. (5 mins)

The 4 Pillars of Protection

Once you have energetically cleared your space with the White Light Procedure you will build a temple of light around you and the client. With this procedure you are energetically creating a doorway into another realm with the pillars of light, you may well feel like you are standing in another place with no sense of time. You are recreating your healing space but at a different frequency, at a higher vibration. With this procedure it does not matter what shape your room is, you will imagine there are 4 corners, they don't have to be 4 corners of a perfect square, and at each of the corners you will point to the floor with your power finger (this can be your right or left index or middle finger) and you will see, sense and feel yourself pulling up a pillar of light from the floor into the ceiling. What you may start to feel once you have done this is the presence of guides starting to come through at this point, in my personal experiences I often see them step through the pillars and stand by them waiting to be invited in. It doesn't matter if you don't see this, you may instead feel something but just feel reassured that they are around and that it is easier for them to connect with you and your client at this point.

The Guardian Support Procedure



The Guardian Support procedure, connects with your and your clients guides. We all have at least 1 guide if not 2 and we all have at least 1 guardian angel, they have different roles to play and in this procedure either or both of them will come through to support you and your client. You will invite them to come forward into your healing space to support you both. You will invite your own guides to step forward first and then you will invite your clients guides to step forward. Your guides/guardian angels can be called on at any time to be nearer to you, even though they are always by our side we can ask them to step closer to us so we get a stronger sense of their presence, try it it works! They need to be asked though, that is a universal law that cannot be broken unless you are in danger of a premature death, then they can step forward to prevent it.

You will be asked at points in this healing to say something in your mind or quietly whisper. When speaking in your mind, you say it to yourself and not out loud, this is a similar experience to when your clairaudience is being used, you hear the words inside your head. Even though you are saying these words inside your head they have exactly the same impact as if you are saying them out loud, all words and thoughts have a vibration so if you wouldn't say it don't think it!

You will ask your guides and then your clients guides to step forward to support you both in the healing and when you have asked them you will see, sense and feel them stepping forward. You might get some kind of impression or picture of the guides who are there, and it might be nice to jot down any impressions you get, it doesn't have to be a great long description, but it is nice when going over the healing to let the person you are working on know. Guides/guardian angels when they come around us normally stand behind one of our shoulders and you may get an impression of this, even if it's just a

feeling, that may well be how your psyche is picking it up. As an example, I might say “I felt a guide come through for your healing, it feels like your mum, she was standing behind your left shoulder, she’s standing quite close to you at the moment, she is supporting you a lot at the moment”.

You can pick up how closely a guide is working with a client by how close they are standing energetically (physically as spirits) to your client, it is also a guide as to how close they are or were to that person in this lifetime.

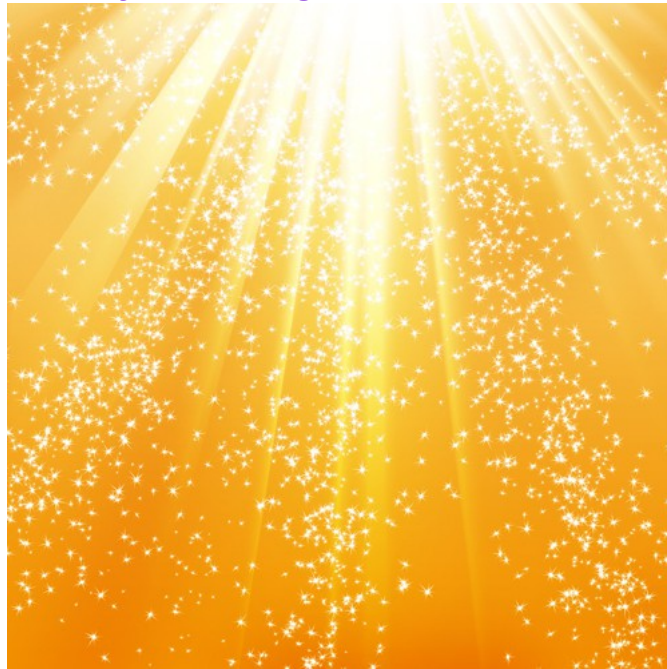
Parents/grandparents who chose to act as guides to their children/grandchildren normally stand very close to them, it’s like they say to us “I’ve got your back” and they do literally do that!

Whereas if a guide/guardian angel is there to support a higher aspect of a client’s development I will normally see them further back behind the client and I will get an impression in my mind’s eye of wisdom, again I get an impression of everything in an instant second, a telepathic imprint. As an example of this I might say, and this is a real example.

“You had a guide who came through to support you in your healing, he feels very Abraham- like, he tells me you are blocking him, you are blocking that side of yourself, you know he’s there and you’ve connected with him before, but for some reason you have blocked it out. But he’s standing there for you, he is shining a white/yellow light all around him, he is very peaceful and beautiful, and he is smiling, like a grandfather, he stands behind your left shoulder, but further back in another place, he is waiting for you”

As you can see from my description of what I actually said, I am just giving what I can tell, nothing more and I never embellish, or make-up more than I see. The spiritual repercussions for using those moments to go into the wild realms of your imagination would set you up for a life lesson you would rather not have. I get really saddened when I hear of people who have been to readers and have been given devastating life news that actually never happens but impacts that person with the fear that it might. As a rule, if you see a guide or get a feeling or a smell of something, (yes grandma can still project the smell of parma violets into the room when she’s passed on!) then note it down, it’s nice for your client to know and may help support the bigger picture of what is going on for your client.

The Golden Angelic Ray of Healing Connection Procedure - Explained



In this procedure, you will connect with the Lyran Stargate to bring down the golden angelic ray in to the room and into your client.

In your mind say or quietly whisper.

“I connect to the Lyran angelic realms and the golden angelic ray”

As you say these words feel, see and sense a beautiful, golden sparkling ray of light coming down from the Lyran Stargate in the heavens, it doesn't matter that you don't know exactly where that is, it is your intent to connect that matters. You will see, sense and feel the golden ray as it comes into the top of your room and showers golden light rays over everything and everyone in the room.



You will see this light as it showers towards your client, entering your clients energetic field and body via the soul star chakra, you will see the soul star chakra light up with the golden light and shine in all directions, you will then see the golden light travel down through the crown chakra, the 3rd eye chakra, the throat chakra, the heart chakra, the solar plexus chakra, the navel chakra, the root chakra and down to the earth star chakra, 6 inches below your clients feet. As this golden light travel down, it activates and fills each chakra with golden healing light causing each to spin and radiate golden healing light. See, sense and feel the golden light radiating out into every cell and atom of your client's body and out into their auric field extending 1 metre around the body

Feel your clients and your heart opening as you both radiate unconditional love and compassion.

Hold this feeling and energy for about five minutes, you are making a very powerful connection to the angelic realms. (5 mins)

The Golden Dome of Healing Procedure.



In this procedure you will be working with the 4 Watchtower Archangels who guard the cardinal points North, South, East and West. Archangel Uriel, guards the North and represents the element of Earth, Archangel Michael guards the South and represents the element of Fire, Archangel Raphael guards the East and represents the element of Air, and Archangel Gabriel guards the West and represents the element of Water. You will be creating a Golden Dome of Healing in which you will run the next 4 procedures, the base of your golden dome will be created with a healing circle.

Healing circles have been used since ancient times by many cultures throughout history and are known by many names. Native American tribes use medicine wheels, the Celtic stone circles were thought to be used as temples, calendars, or even astronomical observatories; and the Chinese used the Element Wheel. Although each has its nuanced meanings, each culture honoured the 4 directions and the natural rhythms of nature through these circles.

The healing circle is many things on many various levels and has many different meanings and uses. It is a circle which represents natural and personal powers in complete balance, and which shows that everything is interconnected and part of one whole. It is the circle of awareness of the individual self, and a circle of knowledge that gives one power over one's life. Each direction on the circle constitutes a path of self-realization and self-initiation into the mysteries of life, which can lead you to the very core of your being where you can make contact with your own High Self (your Spiritual Self)

or True Self). Each path can help you to acquire the knowledge to work changes that will put meaning and purpose into your life. Each of the four directions has many natural forces or powers that it is connected to, such as the four seasons, the four moon phases, the four life stages, the four kingdoms, the four planes of existence, just to name a few. So, when we create a healing circle, we are working on so many more levels than just a circle shape.

You will follow the procedure set out below and you will connect to each Archangel at each cardinal point, you will ignite each of the points using your power finger (pointing finger or middle finger on your right hand usually) and once ignited you will bring the golden flame of light up over your head to connect together at one point over your and your clients head, thereby creating a dome of golden angelic healing light.

The Guardian Support procedure

In your mind say or you can quietly whisper.

“I ask to connect to my guides to support me as I run this healing on _____, I ask to connect to _____ ‘s (insert name of client) guides and those beings of the highest frequency that wish to help and support his/her healing.”

As you say these words feel these guides and beings come into your healing space.

The Golden Ray Connection Procedure

In your mind say or quietly whisper.

“I connect to the angelic realms and the golden angelic ray”

As you say these words feel, see and sense a beautiful, golden sparkling ray of light coming down from the heavens, it comes into the top of your room and showers golden light rays over everything and everyone in the room.

See, sense and feel it filling every cell and atom of your and your clients body as you are washed with this golden light.

Feel your clients and your heart opening as you both radiate unconditional love.

Hold this feeling and energy for about five minutes, you are making a very powerful connection to the angelic realms. (5 mins)

Imagine your client is sitting/lying in the centre of a huge circle

Walk to the North point of the circle and stand and face North

Say the following words quietly "I connect to Archangel Uriel and the energy of the North, I ask Archangel Uriel to come forward bringing the divine gifts of grounding, light, creativity and balance in the mental plane."

Wait, see, sense and feel Uriels energy coming into your space to stand at the North point of the circle. Feel the North point light up with a golden flame as she comes in.

Walk to the South point of the circle and stand and face South

Say the following words quietly " I connect to Archangel Michael and the energy of the South, I ask Archangel Michael to come forward bringing the divine gifts of the element of fire, protection, faith and strength"

Wait, see, sense and feel Micheals energy coming into your space to stand at the South point of the circle. Feel the South point light up with a golden flame as he comes in.

Walk to the East point of the circle and stand and face East

Say the following words quietly, " I connect to Archangel Raphael and the energy of the East, I ask Archangel Raphael to come forward bringing the divine gifts of element of air, healing, love and joy."

Wait, see, sense and feel Raphaels energy coming into your space to stand at the East point of the circle. Feel the East point light up with a golden flame as he comes in.

Walk to the West point of the circle and stand and face West

Say the following words quietly, "I connect to Archangel Gabriel and the energy of the West, I ask Archangel Gabriel to come forward bringing the divine gifts of the element of water, wisdom, guidance and emotional balance."

Wait, see, sense and feel Gabriels energy coming into your space to stand that the West point of the circle. Feel the West point light up with a golden flame as she comes in.

Return to stand behind your clients head/back depending on whether they are lying or sitting. Feel the energy of all 4 archangels and the light circle points.

With your right index finger point to the North flame and bring the North flame up and over above your heads to create one side of a dome of golden flame.

Turn to the South and with your right finger bring the South flame up above your heads to create the second side of the dome of golden flames.

Turn to the East and with your right finger bring the East flame up above your heads to create the third side of the dome of golden flames.

Turn to the West and with your right finger bring the West flame up above your head to create the final side of the dome of golden flames.

You and your client are now surrounded by a golden flame of angelic healing energy. Sit at your clients head and quietly say, “ I ask for healing, wisdom and guidance for - -----(clients name)”

Sit there for anything up to 15 mins whilst the golden light of healing flames through every cell of both of you, feel, sense and see this happening. You will need to stay grounded throughout this as you are holding the space for your client to receive the healing.

During this time be open and receptive to any messages or insights you may receive for your client. You can write these down. Sometimes you get images in your mind of things that may seem irrelevant to you but will be of relevance to your client. Don't dismiss anything however random it may seem.

Remember messages can be delivered as pictures. Don't be worried if you don't get any messages, or images, it doesn't mean nothing is happening, tune in to your clients feelings. If they have ended their healing session with nothing more than a sense of peace then that was what they needed. And what an amazing gift.

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When you feel the energy start to ease off, trust your intuition on this, go onto the next procedure.

The Lyra Crystal Grid



In the previous procedures we have been creating clearing within the body so that healing can start on all levels of the body: the mental plane, the emotional plane, the physical plane and the spiritual plane, in the next procedures we will be bringing higher frequencies into the body, we are in a position to do this at this stage of the healing as we have created “space” in the body by clearing negativity and detritus from all areas of the body and energy field. The process of clearing will continue for your client for at least 2 weeks afterwards, but we are now in a position energetically to bring higher frequencies into the body, this supports them to birth more light within every cell and atom and ultimately elevates their consciousness and connection to their Higher Self.

This beautiful crystal grid, connects us with the Lyran beings of light and the frequency of compassion, you will need 5 x clear quartz crystals which will be placed around the body to create a 5-pointed star shape and 1 x rose quartz which will be placed on the heart chakra (my rose quartz is heart-shaped which I love but a tumbled stone is fine). The use of crystal grids dates right back to the time of Atlantis when they understood their true power and how to use crystal technology to create healing in the body as well as heat their homes, store data, communicate etc etc. We have a long way yet to go to understand how to harness their true power but every mobile phone, every tv and every computer uses quartz crystal to function! That old lump of rock that everyone thought was just a nice thing to look at!

You will stand at the feet of your client and you will ask to connect to the Lyran crystal grid, Lyra like earth has its own geometric crystal light grid that surrounds it, it is through the crystal light grids that connect throughout the universe that light beings can travel to other worlds and dimensions, if you were able to see telepathically the light beams that travel throughout the

universe it would look like a complicated web with lines weaving all over the place. A big messy ball of string would be another analogy. As you ask to connect to the Lyran crystal grid, see, sense and feel the grid connecting to you energetically in the room, it will connect down and through the golden angelic ray that is beaming down into the room.



You will then pick up your 5 quartz crystals and place them around the body, one above the head (easy if your client is lying down, but if they are sitting down or on a recliner put it on the floor behind them where it would be placed if they were lying down), one either side of their waist beyond their hands, and one at the base of each foot). You will then take your power finger and connect the 5 crystals to create a 5-pointed star over the body, head to right foot, right foot to left hand, left hand to right hand, right hand to left foot and left foot back up to the top of the head. Feel each crystal light up and activate as you connect with it, see the whole 5-pointed star light up and shine. (5 mins)

Next gently place the rose quartz over the heart and see sense and feel it connecting with the heart chakra, see the heart chakra spinning and vibrating a beautiful pink colour, the colour of unconditional love, say under your breath or in your minds eye. "You are unconditional " Leave them to stay with this vibration and feeling for 4 mins.



Next you will work with the Venus symbol and the vibration of compassion. Remember your client may well be really altered at this stage and may even be asleep, step gently around them. You will take your power finger and draw the Venus symbol into the throat chakra and then into the heart chakra, you can either draw it line by line or you can just imagine you have placed the symbol as a whole into each chakra, as you do so see it activating the chakra as you do it. As you draw each one you will whisper or say in your mind "You are compassion". You will see sense and feel the heart chakra vibrating with compassion, feel it in your own heart, you can feel an ache in your heart when you are feeling love at such a deep level. Feel your client sending compassion

out into every cell in the body and out into the energy field around their body.
(4 mins)

You will need to stay grounded throughout this procedure, make sure your 2 feet are connected to the floor at all times and you might like to wear a piece of hematite throughout the healing to help you stay grounded.

When you feel the crystal grid energy start to wear off, ground your client back into the room by drawing 2 silver lines from their feet into their earth star chakra about 6 inches below their feet. DO NOT WAKE THEM UP THE HEALING IS NOT OVER!!!

The Guardian Archangel



You will need to refer to your healing record at this point as you will be divining one of the 7 Archangels to specifically support your client at this point in the healing. Divining is a process whereby you will run your power finger over the 7 Archangel names and you will stop at 1 of the names that you feel drawn to. Do not overthink this process and if it helps you can put the 7 names into a bag and just pick one. Maybe you could ask your client to pick out one of the names at the beginning of the healing so that you can use it at this point.

Each of the archangels holds an aspect of Christ consciousness or enlightenment (whichever feels more comfortable for you to use as a word), and what we are doing at this point is having an indication of what is developing for your client. So, for example Archangel Michael brings through qualities of empowerment and holding your light in difficult situations, so if you divine this Archangel and his energies for your client then you know that your client is being supported to be empowered and to have strength in difficult situations.

The procedure is very simple, and you may draw an Archangel who is holding a cardinal point in your healing dome of light, this does not matter, the Archangels function of holding a cardinal point at that moment in time is very different to bringing through the personal qualities from them to support your client.

You will divine one of the 7 Archangels from the list and you will then say in a whisper (my preference) or in your mind's eye, I ask Archangel ----- (insert name) to bring through the qualities needed for enlightenment and healing. See, sense and feel your client connecting with this energy through their heart chakra and see that energy spinning out into all areas of their body and out into their energy field.

Closing Ceremony

Your second to last procedure is your closing ceremony, it is an honouring ceremony. Honour to spirit for their support, honour to the Archangels for their support, honour to the guides who have supported you, honour to your client for being there and trusting you and honour for yourself for what you have done. Honour is so under-used in our society and is I feel a different emotion to gratitude. Honour for me is about mutual respect whereas gratitude for me feels more like we are acknowledging a lack in ourselves which feels way too much like religious doctrine.

Honour is earned and should not be expected, but it takes courage to express and by expressing it you tap into a noble quality within yourself. Cultures throughout time have honoured the sun and the moon, the planets, the stars,

mother earth, father sky the list goes on, they respected the qualities that those things could bring to them and the role they play in their lives.

As you complete the honouring ceremony described in the procedure you will see the golden flames from the dome subside down into the earth and into the crystal grid. This is part of the work that the Archangels talked about when they asked me to bring through this procedure for them, it is at this moment that we are connecting the golden angelic ray into the crystal grid of the earth so that its healing energy can disperse throughout the 6 and into humanity. 6 billion healings for the price of 1 you might say!

Grounding Procedure

This procedure at the end of the healing is again REALLY, REALLY important, your client has been off travelling to the angelic realms, the stars, Lyra, who knows where and you need to ground them back into the present reality. Some of you may have learnt techniques to do this but I would ask that whatever you use, you use it in conjunction with this one. At the end of the healing you need to start talking gently to your client, you need to tell them to imagine 2 silver lines coming down from their feet and connecting them to their earth star 6 inches below their feet pulling them back into the Earth. You at the same time need to draw those 2 lines with your power finger and see them connecting back into the earth grid and this reality. You can then tell them to open their eyes when they are ready, and you need to lift the crystal off their heart chakra. You may need to tell them its safe to come back and you will need to tell them to open their eyes when they are ready several times. If they are still not coming back, then you can gently put your hands on their feet or around their ankles and talk to them gently. You can also burn some white sage or spray some incense spray around and over them as these triggers a physical response. DO NOT send them home ungrounded thinking they are still floating out in the ethers.

Burning some white sage at this point is not only good for helping them to ground but also helps to lift anything that was released during the healing. You will also run the white light procedure on yourself and your space once they have left.

